

Dear UCLA International Students and Scholars,

On December 16, 2025, the White House issued a proclamation titled, "[Restricting and Limiting the Entry of Foreign Nationals to Protect the Security of the United States](#)." This proclamation builds upon the [June 4, 2025 Proclamation](#), and expands travel restrictions on entry into the United States for citizens of specific countries who are outside the United States and do not have a valid United States visa. For more information, please see the [Proclamation fact sheet](#) for the updated list of affected countries and read our previous [message from June 5, 2025](#).

**The proclamation is effective at 12:01 a.m. eastern standard time on January 1, 2026.** International students and scholars from listed countries and currently in the United States in valid status may continue their studies and research activities without interruption.

While entry visas issued before the effective date are expected to remain valid, international students and scholars from impacted countries are cautioned that travel outside the United States may still result in restrictions on re-entry on or after January 1, 2026.

The UCLA Dashew Center continues to monitor developments and is closely reviewing the [December 16 Proclamation](#) to support members of the UCLA community who may be impacted by these entry restrictions. If you hold an F or J visa and believe you may be affected, please refrain from making international travel plans until you have consulted with an immigration counselor at the Dashew Center.

We remain focused on supporting and keeping all members of our international community well informed. You may [contact us by email](#) or seek individual support by [scheduling an appointment](#) with our immigration counselors.

Sincerely,

Sam Nahidi  
Director

**Additional information & Resources for UCLA International Students and Scholars:**

Legal Resources:

- [Laws to Know](#)
- [Attorney List](#)
- [UCLA Student Legal Services](#)

UCLA Case by Case Support, Wellness, and Psychological Support for current UCLA students:

- [Counseling and Psychological Support \(CAPS\)](#)

- [RISE Center](#)
- [Case Management](#)